

Promoting health and hygiene

1.17 Nappy changing

Policy statement

A child who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent will not be excluded from participating in Burghclere Pre-School. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

Burghclere Pre-School makes necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

Burghclere Pre-School sees toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.2 Inclusive practice 1.4 Health and well-being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

Procedures

- Key persons have a list of personalised changing times for the young children in their care who are in nappies or 'pull-ups'.
- Young children from two years should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Key persons undertake changing young children in their key groups; their buddies will change them if the key person is absent.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Parents are asked to provide their child with a bag, containing a sufficient supply of nappies and wipes for the session.
- Gloves are put on before changing starts and the areas are prepared.

- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid or soap should not be used for young children.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- We ask parents to supply nappies for their children in their own bags, we do have a limited supply of nappies which we do not charge for.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

This policy was adopted at a meeting of	Burghclere Pre School	name of setting
Held on		(date)
Date to be reviewed	April 2026	(date)
Signed on behalf of the management committee		
Name of signatory	Elizabeth Gubbins	
Role of signatory (e.g. chair/owner)	Fundraiser	